



## Preparing For Your Post-operative Appointment

Post-operative appointments are for the surgeon to gauge your progress and assess any further needs you may have to improve your results or experience and for you to share your thoughts, express concerns or simply gush with happiness about your outcome. Here are some tips that you may find useful to help you prepare for these appointments and get you through them.

Prepare your thoughts and go over any concerns or comments you'd like to make known about the below issues:

- size or fullness
- contour irregularities
- nipple height
- cleavage
- sensitivity
- swelling
- pain & discomfort
- shape
- hyper- or hypopigmentation
- function
- exercise or activity
- scar treatments
- other procedures

Don't be afraid to discuss any concerns you may have or any dissatisfaction you may be feeling. Just be sure that you know that you are still healing and will continue to heal for several months before you can judge your outcome. Some complications or undesirable attributes can be seen within a few days or weeks whereas some may take several months. Please visit our [BreastImplantsCentral.com](http://BreastImplantsCentral.com) Discussion Forum for support from other breast augmentation patients who have had or are presently experiencing similar feelings.

### Notes:

*The content of this file is for informational purposes only and is not intended as a substitute for professional medical advice. Always consult your own surgeon or other qualified healthcare provider should you have any questions regarding this information or a medical condition. Do not disregard the advice of your own surgeon as a result of reading any information found on our websites, including this document or any information you may read on our plastic surgery discussion forums.*